



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

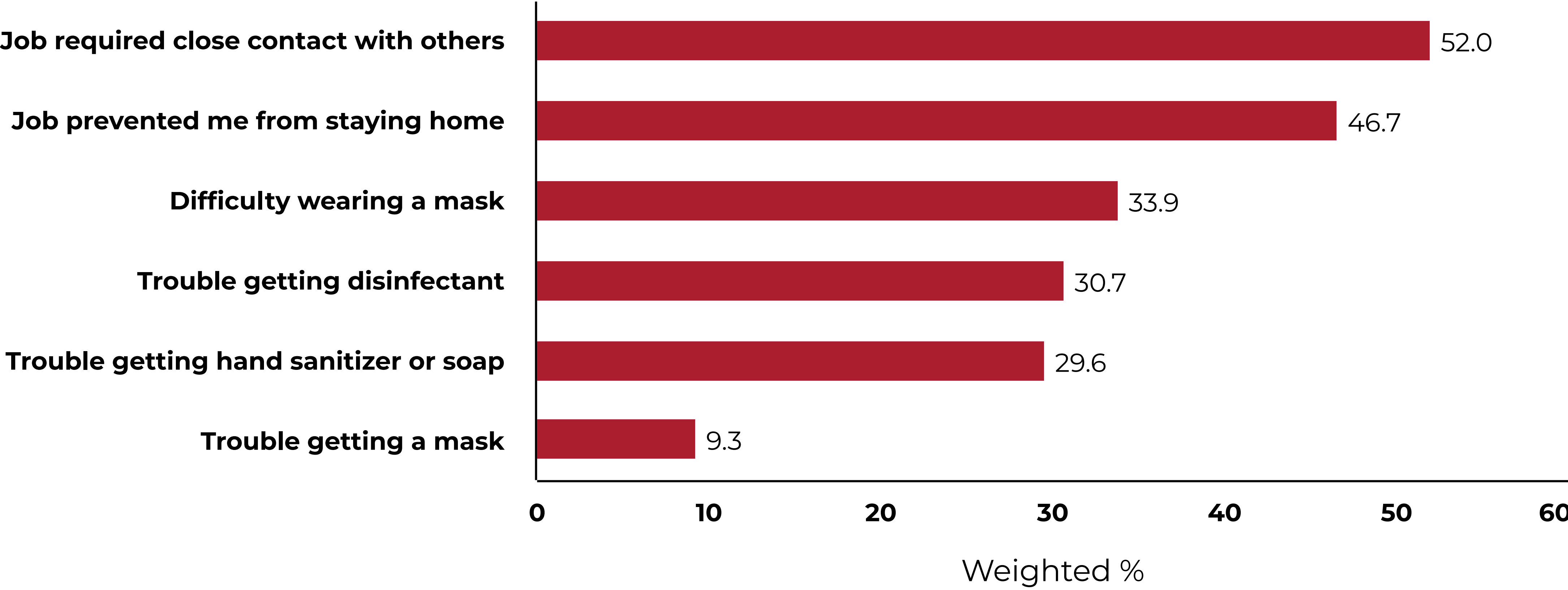
COVID-19 Experiences During the Pregnancy & Postpartum Period

The Pregnancy Risk Assessment Monitoring System **(PRAMS)** is an ongoing, population-based survey designed to observe the attitudes and experiences before, during and shortly after pregnancy. Between questionnaire phases, short question supplements may be developed to add to the regular PRAMS survey in interested sites. Supplements are used for a short period of time for data collection on topics of emerging concern. The COVID-19 experiences supplement contains questions regarding experiences with prenatal care, delivery, postpartum care and infant care during the COVID-19 pandemic. The supplemental module was administered in Missouri from July 2020 to December 2020, resulting in **435** respondents.

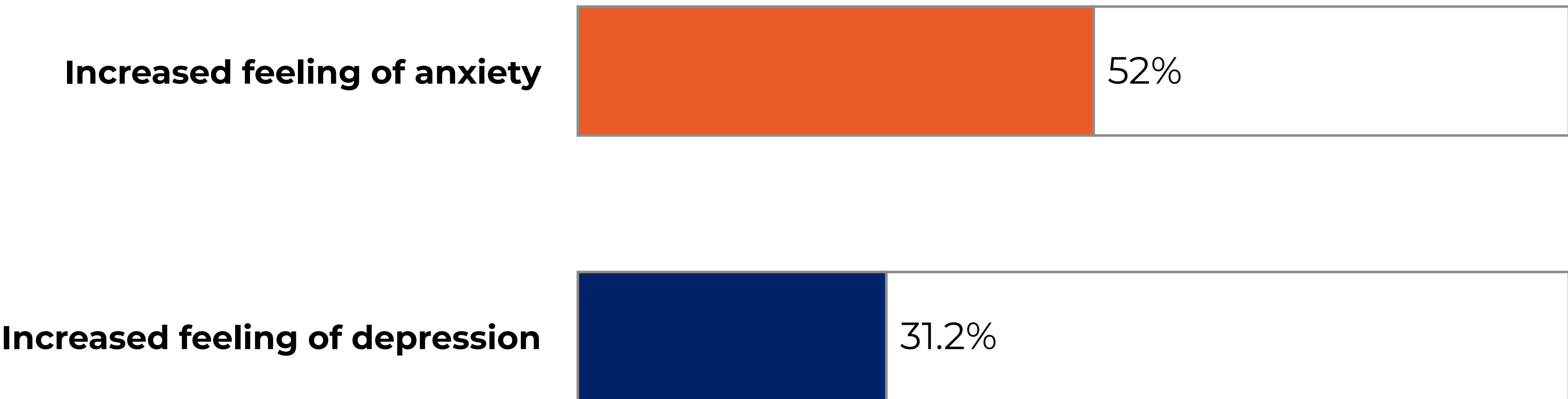


COVID-19 Precautions Taken During Pregnancy	Always	Sometimes	Never
Avoided gatherings of more than 10 people	59.1%	32.1%	8.8%
Stayed at least 6 feet away from others when not at home	65.3%	28.0%	6.7%
Only left home for essential reasons	61.6%	29.8%	8.6%
Made trips short when left home	67.6%	22.1%	10.3%
Avoided having visitors inside home	52.5%	35.6%	11.9%
Wore a mask or face covering when in public	79.9%	14.0%	6.1%
Washed hands for 20 seconds with soap and water	85.1%	12.5%	2.5%
Used alcohol-based sanitizer	78.1%	18.5%	3.4%
Covered coughs and sneezes with tissue or elbow	93.5%	5.6%	0.9%

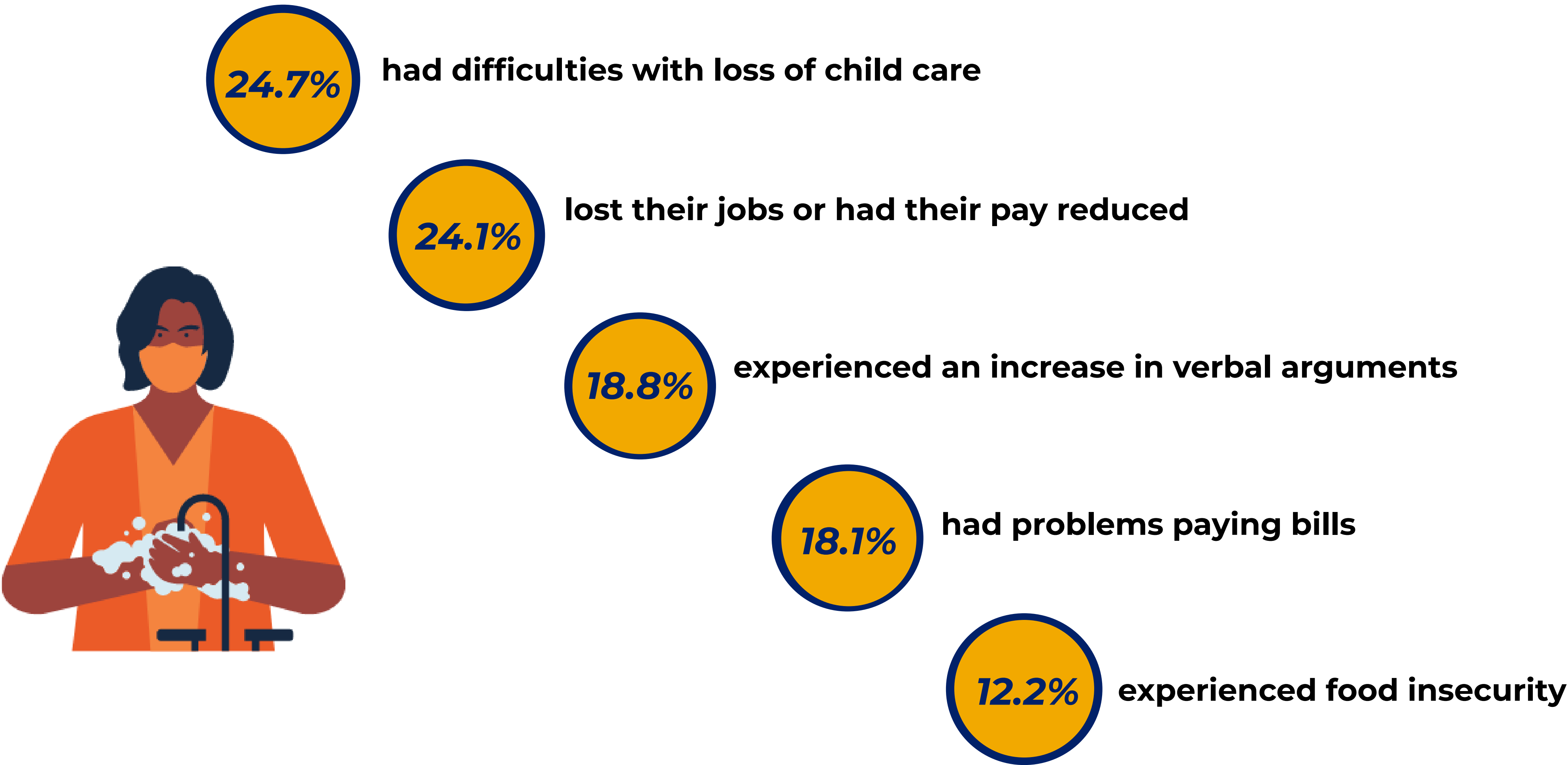
Barriers to COVID-19 Preventative Methods



Changes in Mental Health Due to COVID-19



Stressful Experiences Attributed to COVID-19



Hospital Experiences

60.9%

wore a mask when other people came into their hospital room.

11.0%

wore a mask while caring for baby.

8.2%

had their baby tested for COVID.

Breastfeeding

38.1%

were given information on preventing COVID-19 spread during breastfeeding.

11.8%

wore a mask while they breastfed.

7.1%

had trouble with visit from lactation specialist.



For Additional Information

- PRAMS COVID-19 Experiences Supplement - [cdc.gov/prams/pdf/questionnaire/COVID-19-Experiences-Supplement_508.pdf](https://www.cdc.gov/prams/pdf/questionnaire/COVID-19-Experiences-Supplement_508.pdf)
- Pregnant and Recently Pregnant People At Increased Risk for Severe Illness from COVID-19- [cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html)
- Data and Statistical Reports: health.mo.gov/data/prams/data.php

To learn more about PRAMS methods and to see data availability by state and year visit:
[cdc.gov/prams](https://www.cdc.gov/prams)

Source: Missouri Pregnancy Risk Assessment Monitoring System (PRAMS)

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